

CanYou Canoe Cayuga? *** Press Release *** July 27, 2015



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Registration is now open for “Can You Canoe Cayuga?”, the biggest paddling event on the lake, in its fourth year this September 19th.

- “Can You Canoe Cayuga?” is a great opportunity to try out a longer paddle on this beautiful lake, in the company of others.
- We create a safe environment for paddlers to enjoy a lake trip, with safety boats patrolling at all times.
- Register today and join us on Saturday the 19th September 2015, ending in at Ithaca’s Cass Park with food and live music. Rain date is September 20th.

“I would like to put a BIG THANK YOU out there for all the people on the committees that organized this event. It was very well put together and the safety patrol was always present, the food was good for quick nutrition and all the help offered to me at the shore getting in - out was very much appreciated!! THANKS TO ALL for help great and small!” – CYCC 2013 participant

Paddle the full 35-mile length of the lake, starting at 7 am from Cayuga Lake State Park. Or start from one of the three additional locations along the lake’s west shore: Dean’s Cove at 10 am (a 24-mile paddle); Sheldrake Winery at 12 noon (an 18-mile paddle); and the final launch at 3 pm from Taughannock State Park (an 8-mile paddle). Participants finish at Ithaca’s Cass Park on Cayuga Inlet, with food, live music and t-shirts to celebrate their achievement. Paddling with friends in a relay is an option.

Safety boats are on patrol throughout the event. Provided by the County Sheriffs, Romulus and Aurora Fire Departments, the US Coast Guard Auxiliary, and private boaters, they are there to help participants. Paddlers also have the benefit of lots of other kayakers and canoeists around for assistance. The start locations also function as rest stops, with refreshments provided. Should the weather be bad for the 19th, we will shift the event to Sunday the 20th, notifying registered participants the day before via email.

Registration is now open, with a reduced rate of \$35 for those who sign up by August 18th. Registration closes September 12th. The registration form, Paypal payment link, and information about training, clothing, rules of conduct, and more are on our web site www.cayugalake.org. Information and links are also available at Cayuga Lake Watershed Network’s Facebook page.

Organizing the event is the Cayuga Lake Watershed Network, a citizens group committed to preserving the health and beauty of the lake and its watershed. We run this event on a lean budget to provide a fun paddling event to the community at low cost. Proceeds from the event will help us to continue our valuable work. ##