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**For Immediate Release: “Tuesday, March 24, 2020”**

**“Cayuga County COVID-19  
Situational Update”**

As of today, Tuesday, March 24, 2020 Cayuga County has 3 confirmed positive cases of COVID-19 within the community. All three individuals remain in mandatory isolation and are monitored daily by Cayuga County Health Department staff.

There are currently a total number of 30 individuals under mandatory quarantine throughout Cayuga County. To date, we have received test results from 96 individuals tested within various sites in our County. The Cayuga County Health Department is waiting for results on 56 individuals who we tested and have not yet received results. The individuals tested have been asked to self-isolate until their results are received. These number change on a daily basis.

At this time, health care workers, first responders and the critically ill are considered a priority for testing of COVID-19. As the testing number have increased drastically, we are now experiencing a delay in in time in which we receive results from the laboratory. This can take up to a week.

We are strongly reinforcing the message to members of the community to stay home. Practicing self-care is a vital part of this message. This includes: Monitoring any symptoms of illness, washing your hands frequently for 20 seconds and social distancing yourself from others.

If you feel ill, and can manage your symptoms at home, remain at home. If symptoms worsen, contact your healthcare provider or if you have a healthcare emergency, call 911 to go to the emergency room. Many providers can assess patients over the phone or through telehealth. This is another effort to assess patients while practicing social distancing and reducing exposures to illnesses. **For essential workforce it is most important to note, if you are experiencing any signs of illness, do not report to work and contact your employer.**

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