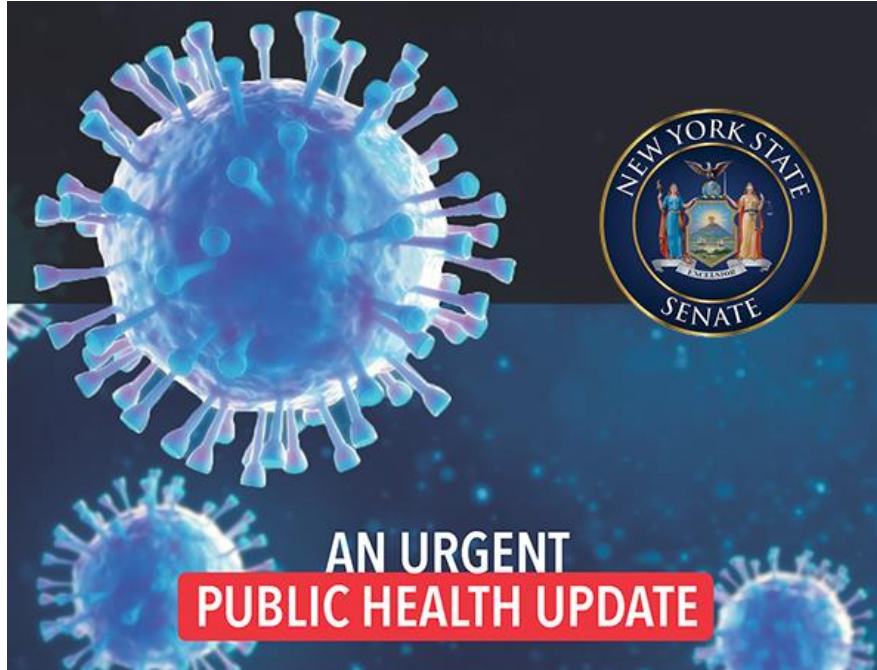




New York State Senator
PAMELA HELMING
(R) 54TH SENATE DISTRICT



Dear Friend:

As everyone in our community is well aware, the coronavirus (COVID-19) is affecting people all across America and worldwide.

Information on this serious illness is changing rapidly and daily, but there are ways to protect yourself and loved ones, and options to stay informed.

The New York State Department of Health has established a toll-free Coronavirus Hotline (1-888-364-3065) and posted an information webpage at health.ny.gov.

The Centers for Disease Control and Prevention (CDC) is regularly updating its website ([CDC.gov](https://www.cdc.gov)) with new information, and the New York State Association of Counties has a website breaking down information for every county in our State at nysac.org/health

Time and time again, New Yorkers have demonstrated the ability to come together during times of crisis. By staying informed, taking common sense steps, and following the best advice of our dedicated health care professionals, I am confident that we will also overcome this major public health challenge.

Sincerely,



Senator Pam Helming
54th District



helming.nysenate.gov

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THE NEW YORK STATE SENATE

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